



Behavioral Health in Idaho

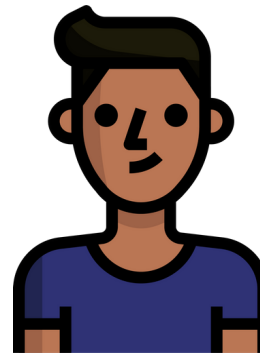
Behavioral health conditions, including mental health and substance use disorders, affect Idahoans all over the state, in populous areas and in the most rural communities. Behavioral health disorders in Idaho are above national averages and have been increasing for years, for both adolescents and adults.

1 out of 4



Idahoans live with some form of mental illness

13%



19,000 Idaho youth (aged 12-17) experienced a major depressive episode

The opioid epidemic

is only worsened by other illicit drug use, like methamphetamines and heroin. Drug-related deaths have risen across the state since 2011.

Accidental drug-related deaths



DOUBLED

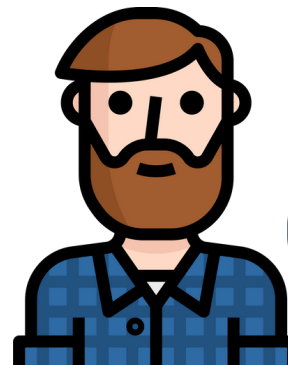
for all ages for the last five years

Idaho suicide rates

have consistently outpaced national trends and ranked among the highest of all states for the last ten years.

Suicide

2nd

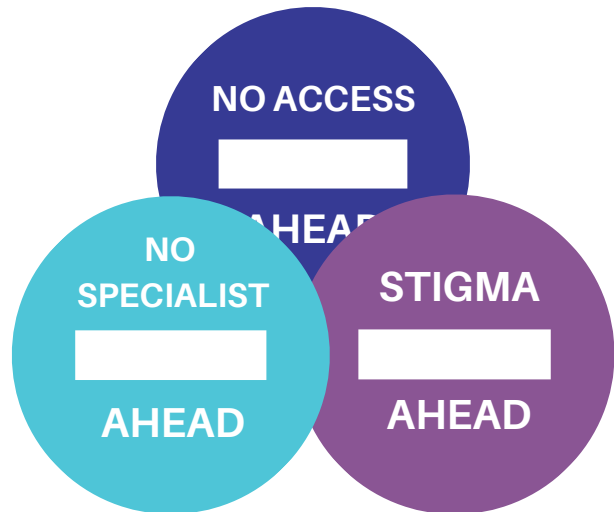
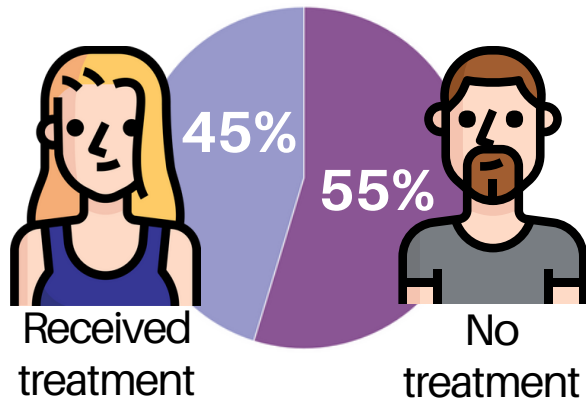


leading cause of death ages 15-34 and for men up to 44

Barriers to Access

Despite the need for treatment for behavioral health issues, more than half of Idahoans did not receive needed services from 2011-2015. Lack of access to behavioral health services and social stigma create roadblocks to recovery, especially in rural Idaho.

Adolescents & Adults with Mental Health Needs



Mental illness and substance use disorders are treatable.

People can live fulfilling and productive lives when they receive adequate treatment for any illness, and behavioral health is no exception. Like physical health, prevention is key. Resources are used more efficiently when behavioral health care is integrated into Idaho's broader health system. This leads to better outcomes for patients, providers and payers. When people have affordable, comprehensive coverage, treatment and recovery are possible.

Remedies



Adequate funding for statewide behavioral health services



Retention of behavioral health providers through satisfactory reimbursement



Fully-funded substance use disorder treatment to prevent recidivism in Idaho's criminal justice system



Equal access for in-network behavioral health services

For more information visit: <https://www.facebook.com/IdahoBehavioralHealthAlliance/>